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8 **Enforcement of Legal Remedies to Secure Hepatitis C Virus Treatment With Direct-Acting**
9 **Antiviral Therapies in Correctional Facilities and Medicaid Programs**

10

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29 Hepatitis C virus (HCV) infection is a communicable disease that affected approximately 3.5 million
30 persons in the United States as of 2017.¹ Despite the introduction of new, highly effective treatments in
31 2011,² HCV infection rates in the United States tripled from 850 in 2010 to 2436 in 2015.¹ This
32 increase was largely a result of the opioid epidemic, with injection drug use the most common method
33 of new HCV transmissions.³ Additionally, the lack of enforcement of laws that entitle persons to life-
34 saving, medically necessary care such as HCV treatment is a missed opportunity to reverse this trend.

35 New treatments for HCV infection with direct-acting antiviral (DAA) therapies are curative for
36 patients and eliminate their ability to spread the virus. However, US health systems have not responded
37 to the potential of new treatments by promoting access to them. Instead, because of high initial list
38 prices,⁴ state Medicaid programs and correctional health facilities have created rationing. They have
39 limited access to HCV treatment by instituting restrictions that are based on disease severity, as
40 measured by damage to the liver (ie, treating only persons with advanced-stage HCV infection) and
41 prescriber specialty. Additionally, despite the syndemic between the opioid crisis and increasing use of
42 injection drugs, periods of sobriety from drugs and/or alcohol are required before treatment.⁵ These
43 restrictions contradict leading medical guidance recommending treatment of virtually all persons with
44 chronic HCV infection and hinder our ability to reduce HCV incidence, let alone end the HCV
45 epidemic.³ Despite the tension created between scarce resources and public health concerns, the initial
46 budgetary fears cited as justifications for restrictions were less severe than anticipated and have
47 diminished over time, in part because increased competition has led to decreased prices.⁶

48 Regardless of the rationale used to explain limitations on access to treatment, such restrictions
49 violate federal laws. As a result, litigation to remove barriers to HCV treatment in both correctional
50 facilities and state Medicaid programs has met with success. Litigation seeking to enforce the 8th
51 Amendment to the US Constitution (prohibiting cruel and unusual punishment) has successfully
52 removed disease severity restrictions imposed by correctional facilities in several states.⁷⁻⁹ Similarly,
53 lawsuits aimed to enforce federal Medicaid law (known colloquially as the “Medicaid Act”)¹⁰ have
54 been successful. As of January 2019, most states had removed their disease severity restrictions for
55 HCV treatment; only 13 states (Alabama, Arkansas, Indiana, Iowa, Louisiana, Maryland, Michigan,
56 Montana, Nebraska, Oregon, South Dakota, Texas, and West Virginia) still maintained restrictions in
57 their Medicaid programs. Nineteen states still imposed sobriety restrictions ranging from 1 to 6 months
58 in their Medicaid programs (Table 1).¹¹

59 This commentary reviews the role of the courts in removing HCV treatment restrictions by
60 summarizing and analyzing successful litigation using the Medicaid Act and the 8th Amendment. To

61 our knowledge, this is the first commentary to synthesize these legal theories. Additionally, we
62 propose a novel legal strategy under the Americans With Disabilities Act (ADA)¹² to challenge
63 sobriety restrictions; this approach has largely been untested but may provide another avenue to further
64 expand access to HCV treatment for persons with a history of substance use.

65

66 **Methods**

67 The authors have knowledge and experience about the legal mechanisms that have been used to
68 address access to medication in public health care programs in the United States. We conducted
69 keyword-based searches using legal databases (Lexis Advance and Westlaw) to identify decisions in
70 which courts removed HCV treatment restrictions in state Medicaid programs and correctional
71 facilities. We identified the Medicaid Act and the 8th Amendment as proven legal avenues for both
72 individuals and classes of persons seeking relief from medication denials in state Medicaid programs
73 and correctional facilities, respectively. To ensure we captured all relevant legal mechanisms, we
74 additionally searched for all HCV-related litigation in Medicaid and correctional facilities. This search
75 confirmed our initial research and identified the ADA as a potentially relevant enforcement strategy.

76 Although the Medicaid Act and 8th Amendment appeared to be well-established legal
77 mechanisms for removing HCV treatment restrictions, we found that the ADA remained a largely
78 untested legal theory. To ensure we were capturing all possible enforcement avenues, we expanded our
79 research into the ADA to include both judicial and administrative enforcement actions. We quickly
80 identified that even though HCV may not be easily characterized as a disability under the ADA,
81 persons recovering from substance use disorders have been protected from discrimination in public
82 programs under the ADA. Based on our research, we synthesized the existing legal landscape with
83 respect to removing HCV treatment restrictions and proposed a novel strategy for using the ADA
84 based on original thought and analysis.

85

86 **HCV Litigation Challenging Disease Severity Restrictions**

87 Since 2016, incarcerated persons and Medicaid enrollees have struck down disease severity rationing
88 of DAA therapies. Incarcerated persons have primarily brought claims under the 8th Amendment,
89 which, in the context of health care, generally forbids prison officials from exhibiting deliberate
90 indifference to the serious medical needs of incarcerated persons.¹³ Medicaid beneficiaries have
91 primarily brought claims under the Medicaid Act, which generally requires that states provide
92 enrollees with medically necessary treatment.¹⁴ For both incarcerated persons and Medicaid enrollees,

93 successful litigation has taken the shape of persons representing themselves, attorneys bringing cases
94 on behalf of their clients, and class-action lawsuits brought by attorneys representing groups of
95 similarly situated persons infected with HCV. The class vehicle is particularly advantageous because
96 any policy change that is affected by a court’s ruling applies to the entire state correctional system or
97 Medicaid program rather than a single case.

98 Class-action lawsuits based on 8th Amendment claims in Florida,⁷ Indiana,⁸ Pennsylvania,⁹ and
99 elsewhere have led to the removal of disease severity restrictions in correctional settings. Each court
100 applied the 8th Amendment’s prohibition of “cruel and unusual punishment” to require incarcerated
101 persons to show that government officials are deliberately indifferent to their serious medical need. In
102 these cases, the courts have uniformly recognized that untreated HCV infection is a serious medical
103 need.¹⁵ Additionally, these courts have held that state correctional facilities are exhibiting deliberate
104 indifference by routinely denying DAA therapy based on disease severity (as measured by damage to
105 the liver).⁷

106 At least 1 court has reached a different conclusion, ruling that a corrections system does not act
107 with deliberate indifference when it applies a wait-and-see approach to persons with HCV infection
108 because, despite the risks of delaying treatment, waiting to treat HCV infection until it becomes
109 symptomatic did not rise to the level of deliberate indifference in this court’s opinion.^{16,17} This ruling is
110 an outlier. Most courts recognize that a state violates the 8th Amendment when prison officials know
111 that an incarcerated person is infected with HCV yet deny DAA therapy based on disease
112 severity.^{15,18,19} Successful class-action lawsuits brought by incarcerated persons have won policy and
113 practice changes that benefit thousands of HCV-infected persons.⁷

114 Medicaid enrollees are subject to an entirely different set of legal rules and protections, but
115 developments in the courts have likewise yielded promising results. Class-action lawsuits by Medicaid
116 beneficiaries in Washington State,²⁰ Colorado,²¹ Michigan,²² Missouri,²³ and elsewhere have helped
117 end DAA therapy rationing based on disease severity. In addition, in states such as Delaware,²⁴
118 Pennsylvania,²⁵ Oregon,²⁶ Rhode Island,²⁷ and Illinois,²⁸ formal pre-litigation demands from organized
119 plaintiffs directly led to the removal of disease severity restrictions. In each case, Medicaid
120 beneficiaries claimed that the state Medicaid program had violated federal law by limiting access to
121 DAA therapy based on disease severity. The Medicaid Act requires that states provide necessary
122 medical assistance, ensure comparable treatment and services to similarly situated Medicaid enrollees,
123 and do so with reasonable promptness.^{14,29,30} Courts have recognized that a state violates all relevant
124 provisions of the Medicaid Act when it rations access to DAA therapy based on disease severity.²⁰

125 Based on such rulings, plaintiffs have successfully used the Medicaid Act to secure statewide policy
126 changes that expand access to DAA therapy.²²

127

128 **The Future: Challenging Sobriety Restrictions**

129 Although a combination of coordinated advocacy, pretrial settlements, and litigation has reduced the
130 use of sobriety restrictions, more work remains.¹¹ Support for the continued removal of sobriety
131 restrictions has been promoted by both the Centers for Medicare & Medicaid Services (CMS) and
132 leading professional associations of medical providers.

133 As early as 2015, CMS released legal guidance disapproving of sobriety restrictions. The
134 guidance confirms that sobriety restrictions are impermissible if they unreasonably restrict access to
135 effective HCV treatments.³¹ Similarly, the American Association for the Study of Liver Diseases
136 (AASLD) and the Infectious Diseases Society of America (IDSA) also condemn sobriety restrictions.
137 These professional associations caution against sobriety restrictions for persons who inject drugs,
138 observing that successful treatment leads to an overall decrease in HCV prevalence.³ Moreover, the
139 AASLD points to research³² showing that persons who inject drugs have high rates of adherence to
140 treatment and clearance of the virus from the body.³ The AASLD also notes that although excess
141 alcohol use has negative effects on liver health and may speed the progression of HCV infection, data
142 are lacking to support the categorical exclusion of persons from treatment based on alcohol intake.³³ In
143 fact, treatment success with DAA therapy is high regardless of alcohol use, with only minimal
144 variations seen among persons who report unhealthy drinking levels.³⁴

145 The same reasons underlying the condemnation of sobriety restrictions by CMS and
146 AASLD/IDSA might form the basis of successful challenges in court. Early litigation has already
147 demonstrated that sobriety restrictions violate federal law in both correctional settings and state
148 Medicaid programs. In *JEM v Kinkade*, the court ruled that Missouri Medicaid's sobriety restrictions
149 violated the Medicaid Act.²³ Similarly, in *Postawko v Missouri Department of Corrections*,
150 incarcerated plaintiffs argued that sobriety restrictions violated both the 8th Amendment and the
151 ADA.³⁵ These plaintiffs advanced a theory of discrimination under the ADA that treats HCV infection
152 as the relevant disability, alleging that denying treatment to HCV-infected Medicaid beneficiaries and
153 incarcerated persons is impermissible discrimination on the basis of a disability. However, another
154 court has held that this theory fails because the ADA cannot be used to challenge inadequate medical
155 care.³⁶

156 Despite some successes, case law supporting the elimination of sobriety restrictions is limited.
157 In particular, the ADA represents a vastly under-enforced legal regime that holds great promise for the
158 future of attacking sobriety restrictions. Title II of the ADA prohibits discrimination against persons
159 with disabilities in providing public services.³⁷ That section of the ADA protects both Medicaid
160 beneficiaries and incarcerated persons. To show a violation of the ADA, the affected person(s) must
161 either have a disability or be so perceived.³⁸ The ADA defines a disability as “a physical or mental
162 impairment that substantially limits one or more major life activities.”³⁹ Persons with a history of
163 substance use disorder, including those being treated with methadone⁴⁰ or Suboxone,⁴¹ qualify as
164 persons with disabilities for purposes of the ADA. The ADA recognizes that drug or alcohol addiction
165 that “substantially limits one or more major life activities” is a disability.³⁸ Whether a person’s
166 condition and particular circumstances satisfy this determination is made on a case-by-case basis.
167 Nevertheless, persons whose history of drug or alcohol use has led to impairment in their ability to live
168 or work or has led them to seek rehabilitation are often deemed “disabled” under the ADA.

169 Although pursuing litigation is an ongoing option, government enforcement of the ADA may
170 prove to be a more effective avenue for eliminating or reducing sobriety-based restrictions to DAA
171 therapies. The ADA may be a particularly useful tool for opening access, because the US Department
172 of Justice (DOJ) has the authority to enforce the ADA against public entities. For example, the DOJ
173 has drafted and overseen agreements under the ADA that ensure access to public accommodations
174 (which include health services delivered by Medicaid or correctional facilities) for persons receiving
175 methadone and Suboxone for opioid use disorder.⁴⁰ If the DOJ identifies a violation of the ADA, it can
176 bring a state or municipality into compliance.

177 For ADA protections to apply to persons affected by sobriety restrictions, the DOJ must find
178 that the governmental entity is denying treatment that someone is otherwise entitled to receive.³⁸ As
179 described previously, case law under both the Medicaid Act and the 8th Amendment has found that
180 persons infected with HCV are entitled to receive timely and necessary HCV medical treatment. Given
181 that leading professional associations, medical practitioners, and CMS have all recommended that
182 HCV-infected persons be provided access to DAA therapy and that sobriety restrictions be eliminated,
183 this requirement of the ADA is satisfied.

184 Finally, for the DOJ to act, it must conclude that a state has denied access to DAA therapy for
185 HCV treatment based on a person’s disability. This element of the ADA may be established through
186 several methods, with the most relevant being a theory of “disparate treatment.” Disparate treatment is
187 the intentional differentiation between persons on the basis of disability without substantial

188 justification. Disparate treatment typically entails a discriminatory policy that “on its face applies less
189 favorably to a protected group.”⁴²

190 A categorical refusal to treat persons until they reach a minimum length of sobriety is an
191 example of disparate treatment. It treats persons with disabilities—recent substance use disorder—less
192 favorably than persons who do not have disabilities. Courts have historically struck down such
193 policies. For example, courts have invalidated a correctional facility’s policy that categorically denied
194 parole to persons with a history of substance use³⁸ and a local zoning code that explicitly restricted the
195 establishment of addiction treatment centers.⁴³ In these cases, in which policies explicitly denied a
196 public benefit to persons with actual or perceived substance use disorders, courts have identified the
197 policies as being in violation of the ADA. The same should be true of sobriety restrictions for DAA
198 therapy.

199 Government actors are likely to defend against such challenges by claiming their sobriety
200 requirements fall within certain ADA exceptions. Defendants will argue that the ADA does not apply
201 to persons who use illicit drugs. Although persons who are using illicit drugs⁴⁴ or who have recently
202 ceased using drugs⁴⁵ may not be entitled to ADA protection for other public services, they cannot be
203 denied health care on the basis of illicit drug use.⁴⁶ The ADA explicitly prohibits the denial of health
204 care based on a disability, and treatment for HCV infection with DAA therapy is undoubtedly health
205 care. States may also assert that the sobriety restriction falls into 1 of 2 categories of disparate
206 treatment allowable under the ADA, such as when a policy “benefits the protected class” or “responds
207 to legitimate safety concerns.”⁴² No evidence supports such assertions; studies of DAA therapies
208 among persons who inject drugs³³ or misuse alcohol³⁴ show that the treatment is highly effective and
209 the risk of reinfection is low. In fact, the AASLD recommends prioritizing treatment of injection drug
210 users, because injection drug use is the main factor perpetuating the HCV epidemic.⁴⁷ On balance, the
211 justifications for discriminatory sobriety restrictions do not withstand legal scrutiny. The ADA, along
212 with the 8th Amendment and Medicaid Act (Table 2), provides the framework for ending
213 discriminatory sobriety restrictions and securing access to DAA therapies.

214

215 **Conclusion**

216 Since the introduction of DAA therapies, state correctional facilities and Medicaid programs have
217 erected numerous barriers to accessing HCV treatment. Litigation under the 8th Amendment and the
218 Medicaid Act has been a successful tool for addressing barriers to accessing treatment, but sobriety
219 restrictions that withhold treatment persist in many states. Administrative enforcement of the ADA by

220 the DOJ may prove to be an effective strategy for eliminating sobriety restrictions. This objective is
221 critically important because expanding access to DAA therapies is necessary to promote individual
222 health and to stop the spread of HCV infection in the United States.

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230

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333

334 **Table 1.** Sobriety restrictions for hepatitis C virus treatment with direct-acting antiviral (DAA)
 335 therapy in state Medicaid programs as of January 31, 2019^a

No Restrictions	Screening and Counseling ^b	Sobriety Restrictions ^c		
		1 Month	3 Months	6 Months
California	Alaska	Florida	Arizona	Alabama
Connecticut	Colorado	Wyoming	Iowa	Arkansas
Hawaii	Delaware		Kansas	Idaho
Indiana	District of Columbia		North Dakota	Minnesota
Maine	Georgia		Texas	Mississippi
Massachusetts	Illinois		West Virginia	Montana
Missouri	Louisiana			Nebraska
Nevada	Kentucky			Ohio
New Jersey	Maryland			Puerto Rico
Oregon	Michigan			South Dakota
Rhode Island	New Hampshire			Tennessee
Utah	New Mexico			
Vermont	New York			
Washington	North Carolina			
	Oklahoma			
	Pennsylvania			
	South Carolina			
	Virginia			
	Wisconsin			

336 ^a As of January 2019, 13 states maintained disease severity restrictions for HCV treatment in their Medicaid
 337 programs: Alabama, Arkansas, Indiana, Iowa, Louisiana, Maryland, Michigan, Montana, Nebraska, Oregon,
 338 South Dakota, Texas, and West Virginia.

339 ^b Inquires about substance use and/or requires health care provider to screen for substance use and provide
 340 counseling or referral to treatment as a prerequisite for the approval of HCV DAA therapy coverage.

341 ^c Minimum length of sobriety required before coverage of DAA therapy is authorized.

342

343

Table 2. Litigation strategies to remove treatment restrictions for hepatitis C virus (HCV) direct-acting antiviral (DAA) therapies in Medicaid programs and correctional settings^a

Category	Medicaid Act	8th Amendment	Americans With Disabilities Act (ADA)
Populations covered	Medicaid beneficiaries	Incarcerated persons	Medicaid beneficiaries and incarcerated persons
Restrictions challenged	Such cases typically challenge disease severity thresholds. Less frequently, sobriety restrictions have been challenged in Medicaid programs.	Such cases typically challenge disease severity thresholds.	The ADA has been used in some settings to challenge disease severity restrictions, with somewhat mixed results. Although untested, it may also be used to challenge sobriety restrictions.
Legal standard	Federal Medicaid law requires that states provide beneficiaries with medically necessary treatment, ensure comparable treatment to similarly situated Medicaid enrollees, and do so with reasonable promptness.	Prohibition against cruel and unusual punishment.	Persons must not be denied services by a government program because of a disability.
Proof needed	Plaintiffs must show that they were denied medically necessary treatment. This proof requires convincing the court that treatment of HCV infection with DAA therapy is the medical standard of care. Plaintiffs may also want to show that similarly situated enrollees (eg, those with more advanced-stage disease) are given treatment while plaintiffs are denied treatment.	Plaintiffs must show that the correctional facility exhibits deliberate indifference to a serious medical need, meaning that untreated HCV infection constitutes a serious medical need and that the correctional facility is intentionally denying care.	Plaintiffs must show that they have a disability and that treatment is being denied because of or by reason of their disability. Proving that treatment is denied because of or based on a disability can be shown via disparate treatment; that is, the intentional differentiation between persons on the basis of disability without substantial justification.
Example case citation	<i>BE v Teeter</i> , C16-227-JCC, 2017 US Dist, WD Wash (2017). ²⁰	<i>Chimenti v Wetzel</i> , CV-15-3333, ED Pa (2018). ¹⁴	<i>Postawko v Missouri Department of Corrections</i> , 2:16-CV-4219-NKL-P, WD Mo (2017). ³⁵

344 a This table represents a simplified categorization of past litigation in an effort to assist the non-attorney reader in understanding trends
345 and identifying similarities and differences. Each lawsuit unfolds in its own unique set of circumstances, so this representation should
346 not be understood to be a comprehensive representation of the facts of each case, nor of relevant legal principles or standards.