



COMPLETE STREETS PROGRAM

Enhancing the built environment to increase physical activity

- ❖ Complete Streets is **a national program aimed at ensuring community streets provide safe access** for all users, including pedestrians, bicyclists, and motorists of all ages and abilities.
- ❖ Making improvements to streets, sidewalks and paths promotes physical activity by making it safe and convenient for residents to **walk outside for recreation** and easier to incorporate functional walking and biking into their **day-to-day lives**.
- ❖ Complete Streets policies **improve safety**; for example, Hoboken experienced reductions in bicycle-car collisions by over 60% and pedestrian-car collisions by 30%.
- ❖ New Jersey has been a leader in Complete Streets policies: currently **5 counties and 61 municipalities** in the state have passed Complete Streets policies.

What is Complete Streets?

Complete Streets is a national movement to convert existing neighborhood infrastructure into pedestrian and bike-friendly roadways. New Jersey established a Complete Streets policy in 2009 that requires curb extensions, bike lanes, crosswalks, lighting, and other accommodations in all new infrastructure projects. More can be done to reform existing community streets to help New Jersey continue to be a leader in this national movement.

Check out Complete Streets in the
New Jersey PATHS Report:
pp. 43–44, 80–81

What are the benefits of Complete Streets?

Physical activity is an important factor in decreasing the likelihood of obesity and type 2 diabetes. Improving the built environment can assist individuals in increasing their physical activity, under the philosophy of “making the healthy choice the easy choice.” Complete Streets works to ensure that all residents have safe opportunities to live healthy, non-sedentary lives.

What should New Jersey do?

1. The New Jersey Department of Transportation (DOT) can **conduct a study** to evaluate the current implementation of Complete Streets policies and to identify the barriers to implementation across the state.
2. The DOT should **offer more technical assistance** to municipalities seeking to improve their built environments.
3. The New Jersey State Legislature can **allocate state funding for physical activity infrastructure improvements** in accordance with Complete Streets policy, and it can promote additional programs, such as Safe Routes to School and joint use agreements.

FOR MORE INFORMATION, CONTACT:

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